

## Flo Steed

Figure Skating Coach  
Teaching Since 2004

### **Member of:**

US Figure Skating (USFS)  
Ice Skating Institute (ISI)  
Professional Skaters Association (PSA)  
Space City Figure Skating Club (SCFSC)

### **Certifications:**

Certified USFS Coach – CER A Compliant

### **Skating Accomplishments:**

Member of the French and US International Teams  
2 Time Junior Dance Bronze Medalist (2003 US Nationals, 2004 French Nationals)  
Novice Dance Pewter Medalist (2001 US Nationals)  
2 Time Midwestern Sectional Champion  
Tested Singles, Dance, Moves in the Field, and Pairs  
Trained with World and Olympic coaches and choreographers– Christopher Dean, Natalia Linichuk, Gennadi Karponosov, Ron Ludington, Warren Maxwell, Ron Shaver and Shanti Ruchpaul

### **Coaching Experience:**

Choreographed for Junior National Competitors (Singles and Dance)  
Coached Regional Competitors (Singles)  
Coached National Showcase Competitors, National State Games Competitors, and National Solo Dance Competitors

### **Other:**

12 Years Ballet and Contemporary Training  
Silver Ballroom Competitor

### **Education:**

BA from the University of Houston, Department of Classical Languages

Group Lessons and Private Instruction – all ages; recreational and competitive  
Specializing in: Dance, Moves in the Field, Choreography, Freestyle, Basic Skills

Contact Flo at [floxability@hotmail.com](mailto:floxability@hotmail.com)